

A NEW LOOK AT MOTHERHOOD

pregnancy

Joey's having a girl!

Parenting secrets of
Joey & Chandie Lawrence

NO MORE nausea

The morning-
sickness diet

Nanny Stella's
tips for handling

Breast- feeding BULLIES

IS HE READY to be a dad?

Take our quiz

Doctors Oz & Roizin

On the myth of
eating for two

6
Amazing
BABY
monitors
They do
it all!



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STROLLER
GIVEAWAY!
See p.6

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Future
MEDIA WITH PASSION





Pingg.com

Online invitations haven't taken over for pretty paper yet, but with Pingg.com, we can see how they might. The site features darling designs from Martha Stewart and the folks at L'il Sugar, plus the option to send paper cards along with your email invite (just \$1.50 each!). With integrated registry links from retailers including Giggle and Pottery Barn Kids, guests can shop for a gift right from your message. Also built-in: easy posting to Twitter and Facebook, and you can even set Pingg up to text guests directions the day of the party. No need to regret volunteering to host that shower. Phew.

MOMPREENEUR

of the month

Lori Caden, BELLY BANDIT

When Lori Caden was pregnant with her son, she hoped to avoid the body battle she endured after her daughter's birth. "The first time, it took me about seven months to get back to my pre-pregnancy size. I was dreading that most about getting pregnant again," Caden says.

It was Caden's youngest sister, Kari, who discovered "belly binding," an ancient method of abdomen compression that helps moms lose



Lori Caden and her son.

inches faster than diet and exercise alone. With Caden's manufacturing savvy and older-sister Jodi's design experience, the three created a modern, fashion-conscious compression band, the Belly Bandit. By tightening and toning abdominal muscles, the Belly Bandit strengthens the back and minimizes stretch marks. It's also a great dressing for C-section patients, adding comfort and support to tender, post-surgery bodies.

Caden loves the fact that she's helping new moms while working with her sisters. "We're the shoppers of the family, so we're really excited to make something cute and functional!"

—Stephanie Stiavetti



Kourtney Kardashian's been seen wearing her special edition Belly Bandit (above) over clothes. Get it at bellybandit.com

We love these!



Baby, chew on these. Mom, wear them as bangles.

Lifefactory Multi-Sensory Silicone Teether in Raspberry, \$7, lifefactory.com

Love it!



Swollen gams get a refreshing lift and subtle shimmer.

Mama Mio Lucky Legs Cooling Serum, \$20, mamamio.com

Love it!



This U.S.-made rubber ducky really is the one.

Dano Ducki in Raspberry, \$8, dano2.com